

AOE TALKS BY AOE (REGD.) ON 20 December 2025

- **Chaired by:** **Chairman Naresh Vij**
- **Guest Speaker:** **Aman Chandra of Bulletproofing Happiness.**
- **Internal Speaker:** **Tanmay Sar – Bonghaat.**

Member Attendees:

1. **Naresh Vij (Chairman) + Ritu Vij**
2. **Vikas Rajput- (Vice Chairman)**
3. **Abhineet Seth (General Secretary)**
4. **Baljit S Bedi**
5. **Dr Shikha Dhawan**
6. **Tanmay Sar**
7. **Kanwaldeep Singh & Mrs Singh**
8. **Ankur Jayaswal**
9. **Raj Gupta**
10. **Rohit Tanwar**
11. **P. Anand & Mrs Anand**

Guests:

There were 2 guests at the meeting

Minutes of Meeting

1. The 158th AoE talk of the 20th December 2025 was chaired by Chairman Naresh Vij. A wonderful session of excellent learning & sharing. He welcomed Aman Chandra of Bullet Proofing Happiness, Guest speaker for his presentation. He welcomed the members & Guests.
2. Starting with introduction, each member introduced themselves.
3. **1-2-1 Interaction:** It is emphasized focus on 1-2-1 interaction to build trust and nurture relationships and business will automatically follow. Members shared their 1-2-1 experiences in the past month.
4. **Induction of New Members:**
Ankur Jayaswal and Raj Gupta, our new members were inducted into the community of AOEans. Past Chairman, Baljit Singh Bedi presented Book and Plant to them.
5. **Guest Speaker:**

Vice Chairman, Vikas Rajput thanked Aman Chandra for a wonderful & insightful talk on alleviating Stress and Anxiety by strategically knowing the reasons thereof. Importance for Entrepreneurs to keep investing in strategies for their team and themselves.

Internal Speaker, AOEar Tanmay Sar spoke on his journey, ups and down and great learning in E-commerce site “Bonghaat”. Amazing learnings. General Secretary, Abhineet Seth thanked him on behalf of AOE.

General Secretary AoEan Abhineet Seth apprised members of financial status. Contribution is Rs.14000/- per Annum. He thanked AoEans who paid for the Subscription. Renewal Subscription Invoices were sent where due. Requesting to all those AoEans who have received information on their dues to please clear them at the earliest. Payment gateway is already introduced, that can accept payment thru direct, Credit cards and Wallet's also. Online payment Link has already been shared with the members.

Chairman requested AoEans to do 1-2-1 before our next meet.

Chairman thanked Managing Committee and Mentoring team for their help and involvement.

Chairman thanked the speakers, visitors and attending AoEans for making their contribution in the success of this meet by being present.

Chairman requested each member to be present on the next AoE Talks scheduled on 17 January, 2026.

Abhineet Seth
General Secretary