# AOE TALKS BY AOE (REGD.) ON 19th Oct 2024

• Chaired by: Chairman Naresh Vij

• Guest Speaker: Gagan Arora- Founder-The London Coaching Co, UK

### **Member Attendees:**

1. Naresh Vij (Chairman)

- 2. Vikas Rajput (Vice Chairman)
- 3. Abhineet Seth (General Secretary)
- 4. Abhijit Roy (Secretary)
- 5. Raaj Mutreja
- 6. Kanwaldeep Singh Bedi
- 7. Sudhir Kochhar

#### **Guests:**

- 1. Ritu Vij
- 2. Ms Preetika Bedi
- 3. Aryab Mishra
- 4. Mr Sheetal Sharma
- 5. Mr Shyam Aggarwal

## Minutes of Meeting

- 1. The 144th AoE talk of the 19<sup>h</sup> October 2024 was chaired by Chairman Naresh Vij. A wonderful session of excellent learning & sharing. He shared journey of AOE as a community of trusted members. He welcomed guest speaker for his presentation and welcomed the members.
- Starting with introduction, each member introduced themselves. Birthday wishes were given to members having their birthdays in the Month of October 2024. Varun Madhok, Sanjoy Sehgal, Sudhir Kochhar
- 3. 1-2-1 Interaction: It is emphasized focus on 1-2-1 interaction to build trust and nurture relationships and business will automatically follow. Members shared their 1-2-1 experiences in the past month.

### 4. Guest Speaker:

The guest speaker Gagan Arora of The London Coaching Company, UK, provided insights on his entrepreneurial journey of being in the media having worked with star like Amitabh Bachchan, Mahima Choudhary etc and then becoming a certified Coach. He shared importance of networking terming it as Net worth.

Chairman Naresh Vij thanked the speaker for a great session. A planter was presented to him as a token of appreciation.

5. **Internal Speaker**- AOEan Abhijit Roy, Secretary of AOE, took the responsibility of making member active on the social media specially LinkedIn. He shared valuable insight in the use of LinkedIn. He will be hand holding members to become active on LinkedIn. Appreciate efforts of AOEan Abhijit.

General Secretary AOEan Abhineet Seth presented AOE status to the members. He guided Guests on the process of becoming a member. Guest form was filled for further communication. At least three guests showed their keen interest to become members.

Chairman requested AoEans to do 1-2-1 before our next meet. A roaster will be prepared by the Managing Team to help members to to 1-2-1.

Thanked Managing Committee and Mentoring team for their help and involvement.

Chairman thanked the speakers, visitors and attending AoEans for making their contribution in the success of this meet by being present.

Chairman requested each member to be present on 145th AoE Talks scheduled on 16th November 2024.

Abhineet Seth General Secretary