

## AOE TALKS BY AOE (REGD.) ON 17<sup>th</sup> August 2024

- Chaired by: Chairman Baljit S Bedi
- Guest Speaker: Dr Prithipal Singh Sethi
- Internal Speaker: Mr. Shishir Chaturvedi

### Member Attendees:

1. Baljit S Bedi (Chairman)
2. Naresh Vij ( Vice Chairman )
3. Abhineet Seth ( Treasurer )
4. Vikas Rajput (General Secretary)
5. Shishir Chaturvedi
6. Raj Kumar Nanda
7. Kanwaldeep Singh
8. Kshitij Bansal
9. Rajiv Mathur
10. Atul Kr Saxena
11. Veer Sagar
12. Raaj Muttreja
13. P Anand

### Guests:

1. Ms. Ritu Vij
2. Ms. Manjoth Bedi
3. Mr. Mudit Chaturvedi
4. Mr. Ajit Singh
5. Ms. Nanda
6. Mr. Varun Kapoor
7. Ms. Shobha Chaturvedi
8. Mr. Ansh Kumar Jha
9. Mr. T K Pandey
10. Mr. Aditya Goyal
11. Mr. Rameshwar Saraswat

### Minutes of Meeting

1. The 142<sup>nd</sup> AoE talk of the 17<sup>h</sup> August 2024 was chaired by Chairman Baljit S Bedi. A wonderful session of excellent learning & sharing. He welcomed guest speaker for his presentation. He welcomed the members.
2. Starting with introduction, each member introduced themselves.
3. 1-2-1 Interaction: It is emphasized focus on 1-2-1 interaction to build trust and nurture relationships and business will automatically follow. Members shared their 1-2-1 experiences in the past month.
4. **Guest Speaker:**

The guest speaker **Dr Prithipal Singh Sethi** provided insights on “Role of Meditation in Stress Management”.

The internal speaker **Mr. Shishir Chaturvedi** provided a glimpse of his entrepreneurial journey and shared learnings with fellow AoEans and guests.

Vice Chairman Naresh Vij thanked the external and internal speaker for a great session.

Treasurer AoEan Abhineet Seth apprised members of financial status. Contribution is Rs.14000/- per Annum. He thanked AoEans who paid for the Subscription. Renewal Subscription Invoices were sent where due. Requesting to all those AoEans who have received information on their dues to please clear them at the earliest. Payment gateway is already introduced, that can accept payment thru direct, Credit cards and Wallet's also. Online payment Link has already been shared with the members.

Vice Chairman requested AoEans to do 1-2-1 before our next meet.

Chairman thanked Managing Committee and Mentoring team for their help and involvement.

Chairman thanked the speakers, visitors and attending AoEans for making their contribution in the success of this meet by being present.

Chairman requested each member to be present on the 11<sup>th</sup> AGM scheduled on 17th August 2024. He reminded members that Mr Shishir Chaturvedi, immediate past Chairman will be the Returning Officer.

**Vikas Rajput**  
**General Secretary**